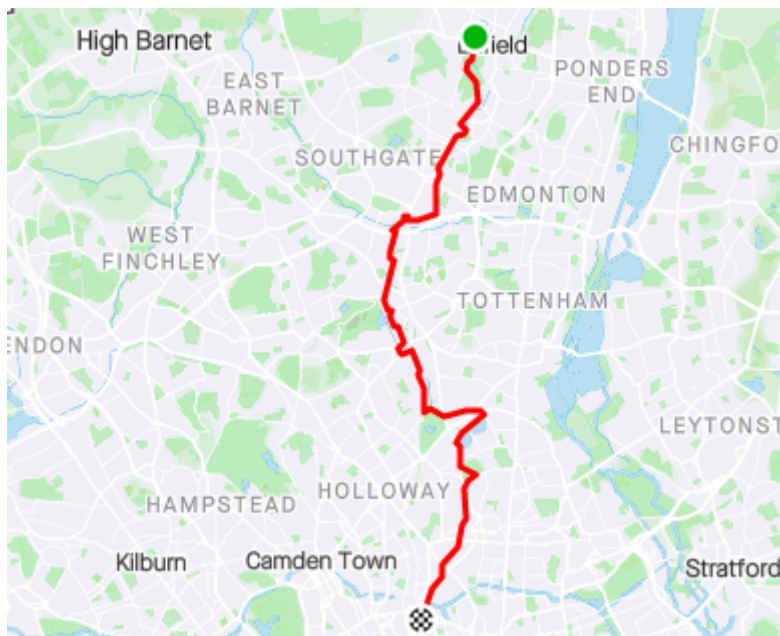




London Greenways Challenge 2022 - Route 3 - March - New River Path



Route Description:	<p>“Neither new nor a river”</p> <p>The New River is a man made channel dug in the early 17th century to bring clean water from Hertfordshire into London. The path follows the New River channel as closely as possible, from open countryside with riverside paths, to the inner city streets, where, from the 'Castle' at Stoke Newington, it finishes with a 3-mile Heritage Section, where the route follows a historic but now truncated course through open spaces</p>
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	<p>and on-street. This ends at the New River Head, an historic complex of installations and buildings mostly visible from Nautilus House garden, off Myddelton Passage, with a visitor information point (for its opening times see the Thames Water booklet).</p> <p>As well as the open channels, the New River runs in some straightened and piped sections. The riverside paths include permissive sections restricted to use by walkers, who must observe safety notices and any diversion when closures are required for operational reasons.</p> <p>In 1985 the New River was threatened with closure and the New River Action Group led those urging Thames Water to preserve the route as a long distance path, with the company making a substantial investment in the walking route including providing the route booklet. The New River is an important resource for leisure and wildlife.</p>
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IMPORTANT: On occasion it is not possible to run alongside the river itself, the path is blocked off by the water authority at certain points. Where this occurs a short run alongside down residential streets or cut-throughs is necessary. So keep a very close eye on your GPX and a keen general sense of direction to get back on the path!


PLEASE REMEMBER that the No.1 rule of the Greenways Challenge is to enjoy yourself. You will not be penalised for making any errors on any of the routes.

Route Distance:

Greenways Challenge Medal Route: 12 miles / 20 kilometres

Note that the New River Path itself is longer, starting up in Ware, Herts, if you fancy a longer challenge

Curated By:	Camino Ultra
GPX File:	https://www.strava.com/routes/2933354534703364722 https://www.plotaroute.com/route/1830724?init=download
Public Transport:	<p>Closest station: Enfield Chase (Great Northern from KingsX / Finsbury Park)</p> <p>Enfield Town (Great Anglia from Liverpool Street)</p> <p>Piccadilly Line stations are in the borough, these will require a jog or walk to the start.</p>
Start Point:	<p>The start point is at the picturesque Jephcott Bridge just south of Enfield Chase station.</p> 
End Point:	Sadlers Wells Theatre, Rosebery Avenue, Islington
Diversions	<p>There is a closed section of the path just south of Alexandra Palace. It should be re-opened in early March with a re-surfaced path.</p> <p>Note that the section just after Finsbury Park is notoriously muddy! Be prepared to slow right down, pick your way through it and prepare all your kit for the washing machine!</p>
Cafe Stop:	The Castle Climbing Centre cafe, just beyond the reservoirs, offers energy restoring flapjacks and organic coffee.

Medal Preview:	
Overall Puzzle Medal:	<p>Medals will be sent out from w/c 10th - depending on when you complete the challenge. It will be the third piece in the 2022 puzzle!!</p>
Social & Prizes	<p>Please do follow us on Instagram - https://www.instagram.com/camino_ultra/</p> <p>We will be looking out for your posts and stories so please do use the hashtags listed above</p> <p>Keep an eye for Greenways Challenge events listed exclusively on our Strava Group:</p> <p>https://www.strava.com/clubs/camino-ultra</p> <p>Social Run on Saturday the 5th of March, 10:30am at the Jephcott Bridge, Enfield</p> <p>ROUTE 3 Prizes:</p> <p>You will receive an email shortly about the one-off Prize for all subscribers of the March route.</p> <p>Only subscribers can be in with a chance of these prizes and the exact prize details and rules will be shared in the email</p>